

## Cosmetic Facial Injections / Fillers

There are a number of treatments available to reduce facial wrinkles and the effects of aging in the face.

### GEL FILLERS

Hyaluronic acid gel fillers (such as Juvederm or Volift) can be injected as an outpatient. These fillers typically last between 6 and 9 months, at which time they may be topped up again.

Complications (including a 1% risk of reactions such as granulomatous inflammation and sterile abscesses), would be discussed at a consultation with your surgeon.

### FAT INJECTION/GRAFTING

Fat grafting uses fat taken by liposuction from one area of the body (usually the lower abdomen or hips) and injecting it into the area needing enhancement. This may last longer than a commercially available product, but may also be temporary (fat loss will occur with weight loss).

The advantage is that it uses the patient's own tissue and therefore there should be no risk of allergic reaction. Fat graft injections may cause more initial temporary swelling compared with other substances. There may also be some fat reabsorption that occurs in the first 3 to 4 months, which may require further fat grafting to be carried out.